

Volunteering can help you both professionally and personally:

Health Benefits

- Build Self Confidence.
- Reduce Social Isolation and Meet New People.
- Reduce Stress Levels.
- Give yourself a sense of purpose.
- Become Happier.



Gain Employability Skills

- Great for your CV.
- Support Job Applications.
- Support a University application.
- Access Training.
- Gain Qualifications.

For further information or help with finding the right role for you contact the East Lindsey Volunteer Centre:

T: 01205 510888 Option 4

E: enquiry@lincolnshirecvs.org.uk

C/O Tedder Hall, Manby, Nr Louth, Lincolnshire LN11 8UP

Please note, all the volunteering opportunities are available at time of going to print (February 2019)



Lincolnshire Community and Voluntary Service

Registered Charity No. 1069356 Company Limited by Guarantee registered in England and Wales No. 3503128.

Registered Office: C/O Boston Borough Council, Municipal Buildings, West Street, Lincolnshire, PE21 8QR

www.lincolnshirecvs.org.uk

VOLUNTEERING OPPORTUNITIES



 Volunteer Centre

Winter/Spring 2019



IN THE SKEGNESS AREA

Learn new skills, get to know people and, if you are looking for a job, improve your CV too!

Support your local community in a way that fits in with you and your interests.

Use your experience to help and support others with a befriending, support or mentoring roles:

Home Start Lincolnshire - [Home-Visiting Family Support Volunteer](#) An opportunity to use your **experience of parenting** to help other families give their children the best start in life. Full training will be given.

Corum Voice (Lincs)[Volunteer Mentor](#) Befriending and spending time with a child or young person within Local Authority care.

Age UK Lindsey - [Befriender](#) Sharing some of your time you could enhance the life of an older person who might be isolated and lonely.

P3 (People Potential Possibilities) – [Volunteer Support Buddy](#)
Providing help to adults who need support to manage and maintain their accommodation and live independently. Volunteers research services, signpost clients and support them to attend activities, meetings and events. To assist support workers to provide one to one tailored support.

Lincolnshire Action Trust [Volunteer Mentor](#) – Matching volunteers with individuals in the criminal justice system to provide them with encouragement, support, and confidence to develop themselves and access new opportunities, ultimately aiming to reduce reoffending.

RAF Association [Befriender](#) Delivering welfare support to members of the RAF family requiring it.

Royal British Legion [Case Worker](#) Acting on behalf of the Legion in different locations including the Advice and Information centres, outreach locations and visiting beneficiaries in their homes.

Lincoln & Lindsey Blind Society [A Friend in Sight – Befriender Scheme](#) Providing practical support for blind and partially sighted people, to help them maintain as much independence as possible.

Macmillan Cancer Support [Practical & Emotional Support Volunteer](#) To provide practical and emotional support at a difficult time to someone affected by cancer so that they can start to feel more in control? Make your time matter so that no one in Lincolnshire faces cancer alone.

Alzheimers Society – [Dementia Café Volunteer](#) The café meets the 3rd Thursday of the month at St Pauls Church. Volunteers are required to support the running of the café and encouraging participation.

The Salvation Army – [Homeless Support Assistant](#) To serve tea/coffee, make sure enough toiletries/towels in shower room, sort clean clothes if needed, make sure shower is clean and operating washing machine and tumble dryer.

Want to volunteer? Haven't got much time on your hands?

Micro-volunteering may just be for you!

Volunteer your time in bite sized chunks.

You can support charities in many ways without having to agree to a long-term commitment.

Some examples are:



- Donating to your local charity.
- Doing some weeding or pruning in a community garden
- Give out marketing advice on charity websites and liking and sharing Facebook pages.
- Helping at one-off events in the local community such as the beach cleaning or marshalling at events, .
- Fundraising activities such as bake sales.

Alternatively why not go to one of the micro-volunteering online platforms and do bite-size volunteering at home or during your lunch break!!!



www.skillsforchange.com

Skilled, one-off tasks



www.causecorps.co

Unskilled / Skilled tasks



www.crowd4U.org

Unskilled / Skilled tasks

Supporting the Lincolnshire Coast

Beach Clean up Volunteers

Coastal Access for All

The group run organised beach clean-up events throughout the year helping with tidying up the coastline from Skegness to Winthorpe.

Outreach & Publicity

Co-ordinator

Coastal Access for All

An opportunity to work with the press and give talks to youth groups and schools to encourage participation in the beach cleaning activities.

Coastal Ambassador

Lincolnshire Coastal Destination BID

Promoting local businesses and attractions. This will involve getting involved with local events, welcoming visitors and days out within a 2 hour radius showcasing our branded trailer and giving out leaflets to attract visitors to the East Coast.

Volunteer Watchkeepers, Skegness, Chapel Point

National Coastwatch Institute

Reporting to HM Coastguard, the NCI volunteers keep watch along the coast using up to date electronic equipment and Marine VHF communications. Volunteers are trained to react to all emergency incidents through a comprehensive training programme. Volunteers usually perform one 3 to 4 hour watch per week.

PLACES & SPACES IN SKEGNESS



The ECO Centre

A small non-profit organisation focused on building stronger communities; by connecting people with each other and the environment. Seagull Recycling started in 1989 as a community group engaged in raising awareness of environmental issues, progressing to managing the former Skegness Landfill Site and turning it into the Coastal Eco Centre; where we have developed meadows, woodlands, boundary habitats, wetlands and garden areas to enable people to become involved in all aspects of healthy living. Volunteers are sought for many different roles. Contact LCVS for further details



The Village Church Farm

Lincolnshire's only open air farming museum, situated in the heart of Skegness. There are so many things to see and explore at The Village Church Farm. Something for everyone. There are many varying volunteer opportunities within a museum environment including events, displays, retail, catering and organisation or props department.

Keeping the coastal communities connected



County Linx Radio

Radio Presenter

If you have a passion for music and the radio, this is an ideal opportunity to try your hand at being a radio presenter or bringing your presenting skills to a new audience.

Roadshow Event Volunteer

The County Linx Bus attends hundreds of events across the district and as an event volunteer you would help setting up the events, talking to people about the activities of the station and supporting the presenting team.

Carers First

Telephone Befrienders

Carers FIRST is committed to placing Carers needs at the heart of service delivery. We are recruiting Telephone Befrienders across all of Lincolnshire to provide a listening ear for those who care for family/friends • We try and find locations as close as we can for volunteers. Hours: 1-2 hours per week (Though these can be flexible hours by agreement of the Community Inclusion Coordinator.

PLACES & SPACES IN SKEGNESS

Gunby Hall – National Trust

A homely country house dated 1700 set in Victorian walled gardens at the foot of the Lincolnshire Wolds and only 8 miles from Skegness.

Room Guide

Join a friendly, passionate team to share stories about Gunby Hall's collection, history and the Massingberd family.

Welcome Host

A welcome host is the first person that a visitor will meet at Gunby Hall. Your friendly welcome will help ensure they enjoy the experience and make the most of their visit.

Lincolnshire Wildlife Trust

Reserve Volunteers – Gibraltar Point Skegness

Join the Tuesday and/or Wednesday work parties

Coastal County Park Volunteer – Chapel St Leonards

Work parties take place on a Tuesday.

Information Volunteers - Skegness

Learn new skills and knowledge, by assisting the Wildlife Trust to promote events talking to visitors and passing on information, and displaying up-to-date information on local wildlife sightings



Would like some additional help to access volunteering in your local community?

We can help with the following:

- Filling in application forms online or off-line.
- Accompanying you to initial interviews and meetings.
- Supporting you through the induction process.
- Working with charities and community groups to develop unique opportunities that match your skills and interests.

Contact us on...

Call us: 01205 510888

or email us:

enquiry@lincolnshirecvs.org.uk

Lindap

Practical Support Volunteer

Our volunteers help people with disabilities, by making them individually-adapted equipment to suit their needs. The equipment may make the normal activities of daily life possible or less difficult or painful, or help people enjoy leisure activities. Requests for our help are increasing, and we need more volunteers to meet it,



Raise funds and learn new skills in retail

St. Barnabas Hospice
[Retail Assistants Drummond Road & Lumley Road](#)

British Heart Foundation
Furniture & Electrical Store
[Retail Assistants](#)
[Warehouse Operatives](#)
[Telephonists](#)
[Electrical Function Testers](#)

BHF Retail Store
[Sales Assistant](#)
[Back of House Sorting](#)

Butterfly Hospice Trust
[Retail Assistants](#)

Hospice Trust
[Retail Assistants](#)

Oxfam
[Ecommerce Assistant](#)
[Stockroom Fashion Assistant](#)
[Retail Cashier/Customer Service Volunteer](#)
[Retail Supervisor](#)



Citizens Advice

Adviser

Being an adviser is a very varied role which includes giving advice, making phone calls, completing forms and referring clients to other agencies. A comprehensive accredited training programme is given to all trainees.

Campaigner

Campaigners use information from problems brought into the bureau by clients to help bring about real change by influencing local and national policy. Tasks include completing and collating evidence forms, conducting research on local issues and media campaigning.

St. Barnabas Lincolnshire Hospice

Complementary Therapist

The role is to provide complementary agreed treatments for St Barnabas Lincolnshire Hospice. Principally we will supply these treatments to patients but should capacity allow we will supply their carers.

Day Therapy Volunteer

The Day Therapy Volunteer is a position that ensures the patients and their carers are shown hospitality and feel comfortable in the environment of the meeting place. This role offers companionship and advice on accessing information and requires someone with good interpersonal skills and the ability to listen with empathy and be non-judgemental.

Lincoln & Lindsey Blind Society

Hospital Visitor

Outgoing and friendly person required to raise awareness of the society to attendees of the out patients clinics and assisting check-in.

Lincolnshire Police Opportunities

REVIVE Volunteers

You will provide a vital service, being a point of contact between the Police and vulnerable persons in their local communities. On referral they will listen to local people, identify where there are gaps in provision and where further crime prevention measures are necessary to prevent ongoing victimisation.

Special Constables / Volunteer PCSO

The **Special Constabulary** are volunteer police officers. Also known as 'specials' they carry out policing duties in their spare time. **Volunteer PCSOs** support the work of regular PCSOs in providing reassurance to local people. You will deal with things that matter most to them, but on a voluntary basis.

Cadet Leader Volunteer

To assist the local Police Volunteer Cadet Corps in the Skegness area. The role will involve working with and assisting the Volunteer Cadets and undertaking other clerical and administrative tasks when requested and agreed by the volunteer line manager.

Voluntary Car Service

Car Driver - Skegness

The Voluntary Car Service transports people to medical appointments or takes people to visit family and friends who are in hospital. Our Drivers are paid a mileage allowance of 45p per mile.