Volunteering can help you both professionally and personally:

Health Benefits

- Build Self Confidence.
- Reduce Social Isolation and Meet New People.
- Reduce Stress Levels.
- Give yourself a sense of purpose.
- Become Happier.

Gain Employability Skills

- Great for your CV.
- Support Job Applications.
- Support a University application.
- Access Training.
- Gain Qualifications.

Learn new skills, get to know people and, if you are looking for a job, improve your CV too!

Support your local community in a way that fits in with you and your interests.

For further information or help with finding the right role for you contact the East Lindsey Volunteer Centre:

T: 01205 510888 Option 4
E: enquiry@lincolnshirecvs.org.uk
C/O Tedder Hall, Manby, Nr Louth, Lincolnshire LN11 8UP

Please note, all the volunteering opportunities are available at time of going to print (February 2019)

Lincolnshire Community and Voluntary Service
Registered Charity No. 1069356 Company Limited by Guarantee registered in England and Wales No. 3503128.
Registered Office: C/O Boston Borough Council, Municipal Buildings, West Street, Lincolnshire, PE21 8QR
www.lincolnshirecvs.org.uk
Want to volunteer? Haven’t got much time on your hands? Micro-volunteering may just be for you!

Volunteer your time in bite sized chunks.

You can support charities in many ways without having to agree to a long-term commitment.

Some examples are:

- Donating to your local charity.
- Doing some weeding or pruning in a community garden.
- Give out marketing advice on charity websites and liking and sharing Facebook pages.
- Helping at one-off events in the local community such as the beach cleaning or marshalling at events.
- Fundraising activities such as bake sales.

Alternatively why not go to one of the micro-volunteering online platforms and do bite-size volunteering at home or during your lunch break!!!
Supporting the Lincolnshire Coast

Beach Clean up Volunteers
Coastal Access for All
The group run organised beach clean-up events throughout the year helping with tidying up the coastline from Skegness to Winthorpe.

Outreach & Publicity
Co-ordinator

Coastal Access for All
An opportunity to work with the press and give talks to youth groups and schools to encourage participation in the beach cleaning activities.

Coastal Ambassador
Lincolnshire Coastal Destination BID
Promoting local businesses and attractions. This will involve getting involved with local events, welcoming visitors and days out within a 2 hour radius showcasing our branded trailer and giving out leaflets to attract visitors to the East Coast.

Volunteer Watchkeepers,
Skegness, Chapel Point
National Coastwatch Institute
Reporting to HM Coastguard, the NCI volunteers keep watch along the coast using up to date electronic equipment and Marine VHF communications. Volunteers are trained to react to all emergency incidents through a comprehensive training programme. Volunteers usually perform one 3 to 4 hour watch per week.

PLACES & SPACES IN SKEGNESS

The ECO Centre
A small non-profit organisation focused on building stronger communities; by connecting people with each other and the environment. Seagull Recycling started in 1989 as a community group engaged in raising awareness of environmental issues, progressing to managing the former Skegness Landfill Site and turning it into the Coastal Eco Centre; where we have developed meadows, woodlands, boundary habitats, wetlands and garden areas to enable people to become involved in all aspects of healthy living. Volunteers are sought for many different roles. Contact LCVS for further details.

The Village Church Farm
Lincolnshire’s only open air farming museum, situated in the heart of Skegness. There are so many things to see and explore at The Village Church Farm. Something for everyone. There are many varying volunteer opportunities within a museum environment including events, displays, retail, catering and organisation or props department.

Keeping the coastal communities connected

Radio Presenter
If you have a passion for music and the radio, this is an ideal opportunity to try your hand at being a radio presenter or bringing your presenting skills to a new audience.

Roadshow Event Volunteer
The County Linx Bus attends hundreds of events across the district and as an event volunteer you would help setting up the events, talking to people about the activities of the station and supporting the presenting team.

County Linx Radio

Carers First
Telephone Befrienders
Carers FIRST is committed to placing Carers needs at the heart of service delivery. We are recruiting Telephone Befrienders across all of Lincolnshire to provide a listening ear for those who care for family/friends • We try and find locations as close as we can for volunteers. Hours: 1-2 hours per week (Though these can be flexible hours by agreement of the Community Inclusion Coordinator.)

Lincolnshire Wildlife Trust
Reserve Volunteers – Gibraltar Point Skegness
Join the Tuesday and/or Wednesday work parties

Coastal County Park Volunteer – Chapel St Leonards
Work parties take place on a Tuesday.

Information Volunteers - Skegness
Learn new skills and knowledge, by assisting the Wildlife Trust to promote events talking to visitors and passing on information, and displaying up-to-date information on local wildlife sightings.

PLACES & SPACES IN SKEGNESS

Gunby Hall – National Trust
A homely country house dated 1700 set in Victorian walled gardens at the foot of the Lincolnshire Wolds and only 8 miles from Skegness.

Room Guide
Join a friendly, passionate team to share stories about Gunby Hall’s collection, history and the Massingberd family.

Welcome Host
A welcome host is the first person that a visitor will meet at Gunby Hall. Your friendly welcome will help ensure they enjoy the experience and make the most of their visit.

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Would like some additional help to access volunteering in your local community?

We can help with the following:

- Filling in application forms online or off-line.
- Accompanying you to initial interviews and meetings.
- Supporting you through the induction process.
- Working with charities and community groups to develop unique opportunities that match your skills and interests.

Contact us on...
Call us: 01205 510888
or email us: enquiry@lincolnshirecvs.org.uk

Citizens Advice

**Adviser**
Being an adviser is a very varied role which includes giving advice, making phone calls, completing forms and referring clients to other agencies. A comprehensive accredited training programme is given to all trainees.

**Campaigner**
Campaigners use information from problems brought into the bureau by clients to help bring about real change by influencing local and national policy. Tasks include completing and collating evidence forms, conducting research on local issues and media campaigning.

**St. Barnabas Lincolnshire Hospice**

**Complementary Therapist**
The role is to provide complementary agreed treatments for St Barnabas Lincolnshire Hospice. Principally we will supply these treatments to patients but should capacity allow we will supply their carers.

**Day Therapy Volunteer**
The Day Therapy Volunteer is a position that ensures the patients and their carers are shown hospitality and feel comfortable in the environment of the meeting place. This role offers companionship and advice on accessing information and requires someone with good interpersonal skills and the ability to listen with empathy and be non-judgemental.

**Lincoln & Lindsey Blind Society Hospital Visitor**
Outgoing and friendly person required to raise awareness of the society to attendees of the out patients clinics and assisting check-in.

Lindap

**Practical Support Volunteer**
Our volunteers help people with disabilities, by making them individually-adapted equipment to suit their needs. The equipment may make the normal activities of daily life possible or less difficult or painful, or help people enjoy leisure activities. Requests for our help are increasing, and we need more volunteers to meet it,

**Raise funds and learn new skills in retail**

St. Barnabas Hospice Retail Assistants Drummond Road & Lumley Road
British Heart Foundation Furniture & Electrical Store
Retail Assistants Warehouse Operatives Telephonists Electrical Function Testers BHF Retail Store Sales Assistant Back of House Sorting

Butterfly Hospice Trust
Retail Assistants Hospice Trust Retail Assistants

Oxfam Ecommerce Assistant Stockroom Fashion Assistant Retail Cashier/Customer Service Volunteer Retail Supervisor

**Lincolnshire Police Opportunities**

**REVIVE Volunteers**
You will provide a vital service, being a point of contact between the Police and vulnerable persons in their local communities. On referral they will listen to local people, identify where there are gaps in provision and where further crime prevention measures are necessary to prevent ongoing victimisation.

**Special Constables / Volunteer PCSO** The Special Constabulary are volunteer police officers. Also known as 'specials' they carry out policing duties in their spare time. Volunteer PCSOs support the work of regular PCSOs in providing reassurance to local people. You will deal with things that matter most to them, but on a voluntary basis.

**Cadet Leader Volunteer** To assist the local Police Volunteer Cadet Corps in the Skegness area. The role will involve working with and assisting the Volunteer Cadets and undertaking other clerical and administrative tasks when requested and agreed by the volunteer line manager.

**Voluntary Car Service**

**Car Driver - Skegness**
The Voluntary Car Service transports people to medical appointments or takes people to visit family and friends who are in hospital. Our Drivers are paid a mileage allowance of 45p per mile.