

## Here to help you and your community

Helping you to get the most out of your volunteering:

- Finding you the perfect role
- Filling in application forms online or off-line
- Developing unique roles to match your skills and interests
- Accompanying you to initial interviews and meetings
- Supporting you through the induction process

### VOLUNTEERING

Linking you with community activities to support your health & wellbeing:

- One to one support to help set goals for health and wellbeing
- Advice on availability of services available in the community
- Support and advice on accessing local groups and activities

### SOCIAL PRESCRIBING

If you would like your group's volunteer roles promoted in this booklet and through our local volunteer centres, contact your local Area Officer.

We can also help groups with:

- Funding sources
- Volunteer management & DBS checks
- Governance, policies and procedures

### GROUP SUPPORT

We have area offices in Boston, East Lindsey, South Holland and South Kesteven.

Talk to your local Lincolnshire CVS Area Officer today:

**Kathryn Laverack**  
**Area Officer East Lindsey**  
**T: 01205 510888**

[enquiry@lincolnshirecvs.org.uk](mailto:enquiry@lincolnshirecvs.org.uk)  
Tedder Hall, Manby, Nr Louth,  
Lincolnshire LN11 8UP

# VOLUNTEERING OPPORTUNITIES



get involved - learn new skills - support your local community



## IN THE SKEGNESS & SPILSBY AREAS

LCVS has made every attempt to ensure the accuracy and reliability of the information provided on this leaflet. However, the information is provided "as is" without warranty of any kind. LCVS does not accept any responsibility or liability for the accuracy, content, completeness, legality, or reliability of the information contained in this leaflet.



### Lincolnshire Community and Voluntary Service

Registered Charity No. 1069356 Company Limited by Guarantee registered in England and Wales No. 3503128. Registered Office: C/O Boston Borough Council, Municipal Buildings, West Street, Lincolnshire, PE21 8QR

[www.lincolnshirecvs.org.uk](http://www.lincolnshirecvs.org.uk)



Volunteer Centre

Summer 2019

## BEFRIENDING & MENTORING ROLES

Use your life experience to make a difference to others

### Home Start Lincolnshire:

#### Home-Visiting Family Support Volunteer

Use your experience of parenting to help other families give their children the best start in life.

#### Coram Voice (Lincs): Volunteer Mentor

Befriending and spending time with a child or young person within Local Authority care.

#### Age UK Lindsey: Befriender

Sharing some of your time you could enhance the life of an older person who might be isolated and lonely.

#### P3 (People Potential Possibilities): Volunteer Support Buddy

Providing help to adults who need support to manage and maintain their accommodation and live independently.

#### Lincoln & Lindsey Blind Society: Friend in Sight Befriender Scheme

Providing practical support for blind and partially sighted people, to help them maintain as much independence as possible. **Hospital Visitor** - Outgoing and friendly person required to raise awareness of the society to attendees of the outpatients' clinics and assisting check-in.

#### Alzheimer's Society: Dementia Café Volunteer

The café meets the 3rd Thursday of the month at St Pauls Church. Volunteers are required to help run the café and encouraging participation.

#### The Salvation Army: Homeless Support Assistant

To serve tea/coffee, make sure enough toiletries/towels in shower room, sort clean clothes if needed, and operating washing machine and tumble dryer.

#### Macmillan Cancer Support: Support Volunteer

To provide practical and emotional support at a difficult time to someone affected by cancer so that they can start to feel more in control? Make your time matter!

#### Carers First: Telephone Befrienders

Telephone Befrienders provide a listening ear for those who care for family/friends  
Hours: 1-2 hours per week (Flexible).



## Support the service men, women, veterans & families in your community

### Royal British Legion: Case Worker

Acting on behalf of the Legion in different locations including the Advice and Information centres, outreach locations and visiting beneficiaries in their homes.

### RAF Association: Befriender

Delivering welfare support to members of the RAF family requiring it.



## COULD YOU BE A MICRO-VOLUNTEER?

You can support charities in many ways without a long-term commitment:

- Planting, weeding or pruning in a community garden.
- Posting on social media.
- Helping at a one-off event such as the beach cleans or marshalling at events
- Taking part in fundraising activities such as bake sales, knitting.

Contact us today to find out who needs just a little of your time.

## Winthorpe Community Partnership

### Community Activity Volunteer

Winthorpe Community Partnership operate from Winthorpe Methodist Church offering social and learning activities for all ages. Volunteers are welcome to help with delivery of a range of activities from supporting the lunch club to helping with the community planters.

## VOLUNTEERING CAN BOOST YOUR EMPLOYABILITY

- Great for your CV
- Support Job applications
- Support a University application
- Access Training
- Gain Qualifications

## DISCOVER THE BENEFITS OF BEING A TRUSTEE

Trusteeship, is a unique form of volunteering and a fantastic way to engage in the charity sector with many professional rewards.

- Contributing to a great cause
- Gaining strategic experience
- Creating professional networks
- Developing skills and experience

Contact us for current vacancies.

## St. Barnabas Lincolnshire Hospice

### Complementary Therapist

The role is to provide complementary agreed treatments for St Barnabas Lincolnshire Hospice patients.

### Day Therapy Volunteer

The Day Therapy Volunteers ensure patients and their carers feel comfortable in the environment of the meeting place. This role offers companionship and advice and requires someone with good interpersonal skills and the ability to listen with empathy and be non-judgemental.

## See retail opportunities for St Barnabas Hospice & Butterfly Hospice Trust.

### Voluntary Car Service:

#### Car Drivers

#### Skegness & Spilsby

The Voluntary Car Service transports people to medical appointments or takes people to visit family and friends who are in hospital. Drivers are paid a mileage allowance of 45p per mile.

## COMMUNITY ACTION & ADVICE

### Lincolnshire Police Special Constables / Volunteer PCSO

The Special Constabulary are volunteer police officers. Also known as 'specials' they carry out policing duties in their spare time. Volunteer PCSOs support the work of regular PCSOs in providing reassurance to local people. You will deal with things that matter most to them, but on a voluntary basis.

### Cadet Leader Volunteer

To assist the local Police Volunteer Cadet Corps in the Skegness area. The role will involve working with and assisting the Volunteer Cadets and undertaking other clerical and administrative tasks.

### Citizen's Advice Lindsey (Skegness Office) Adviser

Being an adviser is a very varied role which includes giving advice, making phone calls, completing forms and referring clients to other agencies. A comprehensive accredited training programme is given to all trainees.

### Campaigner

Campaigners use information from problems brought into the bureau by clients to help bring about real change by influencing local and national policy. Tasks include completing and collating evidence forms, conducting research on local issues and media campaigning.



### Community Gardening & Horticulture

Get your hands dirty with the community gardening teams at: Hildreds Shopping Centre, Skegness Waterfall Gardeners, Skegness Eco Centre and Winthorpe Community Partnership

## Learn new skills and raise vital funds in retail



**St. Barnabas Hospice**  
Retail Assistants Drummond Road & Lumley Road  
Retail Assistants Spilsby

**British Heart Foundation (BHF) Furniture & Electrical Store**  
Retail Assistants  
Warehouse Operatives  
Telephonists  
Electrical Function Testers

**BHF Retail Store**  
Sales Assistant  
Back of House Sorting

**Butterfly Hospice Trust**  
Retail Assistants

**Hospice Trust**  
Retail Assistants

**Oxfam**  
Ecommerce Assistant  
Stockroom Fashion Assistant  
Retail Cashier/Customer

**Cats Protection League**  
Retail Assistants

## PLACES & SPACES IN SPILSBY



### Spilsby New Life Centre

New Life Spilsby is part of the Ground Level Network of Churches and Churches Together Spilsby. The centre runs a busy community programme. Volunteer roles include **Volunteer Youth Support Workers** to support the Youth Worker in Charge.



### Eresby Hall – Order of St John's Care Trust

Eresby Hall offers, individualised residential and dementia care. Their fantastic team of volunteers are there to help residents live life to the full, with roles including: **Befriending, Gardening, Music & Singing, Tea Trolley Assistant, PAT Dog handler.**

## VOLUNTEERING IS GOOD FOR YOU!

- Build self confidence
- Reduce social isolation and meet new people
- Reduce stress levels
- Give yourself a sense of purpose
- Become happier

## Volunteering with and for animals



### RSPCA Wildlife Casualty Volunteer

Supporting vital front-line work. Volunteers are trained to get involved with the collection, transportation and release of sick, injured, suffering or at risk birds and animals. Involves training, weekends and evenings, driving and lone working.

### Pets as Therapy Lincolnshire Befriender with Animals

To visit people in hospices and hospitals with their own cat or dog, in order to bring pleasure to people who may no longer have animals in their lives. Time Flexible - approx 1 hour per week or less if not possible.

### Therapy Dogs Nationwide Therapy Dog Volunteer

Dogs are a comfort and a confidante. Dogs are non-judgemental, and their mere presence will often have a calming effect. Our volunteers tell us how wonderful it is to be able to share their incredible dogs with someone else. Come and join us and share how amazing your dog truly is. Commitment flexible. We are looking for calm, relaxed dogs who will walk on a loose lead and will easily settle.

### Guide Dogs Association Fundraising Team

Our volunteers can transform the lives of people living with sight loss. We have a small but active fundraising group in Skegness that needs your support. Whatever your time commitment there is a role for you.

## Protect and promote the Lincolnshire coast

### Coastal Access for All Beach Clean-up Volunteers

The group run organised beach clean-up events throughout the year helping with tidying up the coastline from Skegness to Winthorpe.

### Lincolnshire Coastal Destination BID Coastal Ambassador

Promoting local businesses and attractions. This will involve getting involved with local events, welcoming visitors and days out within a 2 hour radius showcasing our branded trailer and giving out leaflets to attract visitors to the East Coast.



### National Coastwatch Institute Volunteer Watchkeepers Skegness, Chapel Point

Reporting to HM Coastguard, the NCI volunteers keep watch along the coast using up to date electronic equipment and Marine VHF communications. Volunteers are trained to react to all emergency incidents through a comprehensive training programme. Volunteers usually perform one 3 to 4 hour watch per week



## PLACES & SPACES IN SKEGNESS



### The Eco Centre

Focused on building stronger communities; by connecting people with each other and the environment. Hidden away on a former landfill site on the outskirts of Skegness, the Eco Centre has developed meadows, woodlands, boundary habitats, wetlands and garden areas to enable people to become involved in all aspects of healthy living. **Forest Volunteers** are sought for many different roles.



### The Village Church Farm

Lincolnshire's only open-air farming museum, situated in the heart of Skegness. There are many volunteer opportunities within a museum environment including **events, displays, retail, catering and organisation or props department.**

### Lincolnshire Coast Light Railway

Could you help the small friendly team with **Track Maintenance, Loco and Carriage Maintenance?** There are also opportunities for **Guards, Station and Booking Drivers and Firemen.** They work most Wednesdays and some Saturdays all year round. *(Image by kind permission of Dave Enefer)*

## Keeping our coastal communities connected



### County Linx Radio Radio Presenter

If you have a passion for music and the radio, this is an ideal opportunity to try your hand at being a radio presenter or bringing your presenting skills to a new audience.

### Roadshow Event Volunteer

The County Linx Bus attends hundreds of events across the district and as an event volunteer you would help setting up the events, talking to people about the activities of the station and supporting the presenting team.



### Cycling Without Age Skegness Volunteer Pilots & Administrators

'Cycling Without Age' is a global initiative. Each local chapter is run by volunteers with their guiding principles of generosity, slowness, storytelling, relationships and without age. volunteer pilots take local elders and care home residents out on Special 'trishaw' cycle rides to feel the wind in their hair.

## PLACES & SPACES IN SKEGNESS

### Gunby Hall - National Trust

A homely country house dated 1700 set in Victorian walled gardens at the foot of the Lincolnshire Wolds and only 8 miles from Skegness.

### Room Guide

Join a friendly, passionate team to share stories about Gunby Hall's collection, history and the Massingberd family.

### Welcome Host

A welcome host is the first person that a visitor will meet at Gunby Hall. Your friendly welcome will help ensure they enjoy the experience and make the most of their visit.



### Lincolnshire Wildlife Trust Reserve Volunteers Gibraltar Point Skegness

Join the Tuesday and/or Wednesday work parties

### Coastal County Park Volunteer Chapel St Leonards

Work parties take place on a Tuesday.

### Information Volunteers Skegness

Learn new skills and knowledge, by assisting the Wildlife Trust to promote events, talking to visitors and displaying up-to-date information on local wildlife sightings.